Join us for a Full Day *Couples*
SoulCollage® Workshop

Theme: A Shared Space
Imagine the conversations we could be having...

SoulCollage® is an expressive arts practice done individually or in community. Founded by Seena B. Frost, the method develops creativity and intuition, encourages self-discovery and self-acceptance

When we 'play' together as a couple, it fosters a sense of connection and curiosity. SoulCollage® connects us to aspects of ourselves, and at the same time to the other.

Date: Saturday 23rd November 2024

Venue: Intaka Island Activity Centre, 2 Park Lane, Century City

Time: 09h30 – 16h30

Cost*:   R 2800.00 per couple

*Includes coffee, tea, healthy lunch, snacks and all creative supplies

For Bookings contact :

- Kim – 079 530 4806 / mvanderrietacc@gmail.com

- Don Shay – 072 160 0277/ donshay@mweb.co.za

- Spaces are limited, please book early to avoid disappointment

- For more information about Soulcollage ® visit www.soulcollage.com

Marita van der Riet is a Clinical Psychologist in private practice for the past 45 years. Her work is deeply informed by Jungian psychology. She is qualified as a psychoanalytic couple therapist and a SoulCollage® Facilitator and Trainer in South Africa. Marita has worked as a group facilitator with various forms of creative arts and therapy.

Don Shay has an MA in Counselling and Student Development and is an Integral Life Coach and Artist's Way Facilitator . He started working with SoulCollage® in various settings, including with the Enneagram. Don is an avid unicycle rider who played high level basketball in the USA and SA and has coached at UCT and Pinelands High School. More information is available at www.artesanlife.org.

"The minute I heard my first love story I started looking for you, not knowing how blind that was. Lovers don't finally meet somewhere. They're in each other all along."
...Rumi