

Negotiating Crossroads ∞+∞

A SoulCollage® Full Day Introductory Workshop



Date: Saturday, 7 March 2026
Time: 08h:30 for 09h00 -16h30
Venue: Three Little Birds Healing Centre,
129 Murray Street, [Vierlanden](#)
Durbanville
R1250 per person
To register:
Don: don@artesianlife.co.za or [whatsapp](https://www.whatsapp.com): 072 160 0277
Wendy: admin@integratedhealthsolution.co.za or [whatsapp](https://www.whatsapp.com):
082 476 4933

Introductory Workshop

Resource and refresh yourself. Join us for a transformative day of reflection, exploring the limitations of self-knowledge and using imagination as a valuable resource as we play and create with the intuitive modality of SoulCollage®, honouring your personal journey and reconnecting with your authentic self.

This workshop invites you to explore crossroads: horizontal and vertical, inner and outer, imaginary and grounded, things we know and don't yet know about ourselves.

Participation in this workshop provides a thorough overview of SoulCollage® and enables eligibility for the Facilitator Workshop Training. Tea, coffee, light lunch and creative supplies included.



Dr Wendy Christien (Ph.D.)

Integrative Wellness Practitioner | SoulCollage® Facilitator
Ph.D. in Social Work: Wellness Healthcare and Counselling
Wendy brings decades of experience in holistic healing, Emotional resilience and personal transformation. Her work bridges science and soul, guiding individuals toward balance and self-awareness through integrative modalities. She is deeply passionate about empowering people to live with intention and vitality.



Don Shay

Integral Life Coach | Artist's Way Facilitator
SoulCollage® Facilitator | Enneagram practitioner
MA in Counselling and Student Development
Avid unicyclist, nature walker, community builder
Don lives life fully & is passionate about helping people unlock and light on fire their best selves.
For more information visit www.artesianlife.org.

And now I understand something so frightening and wonderful – how the mind clings to the road it knows, rushing through crossroads, sticking like lint to the familiar. Mary Oliver