



SoulCollage®
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Discover Your Wisdom. Change Your World!



aephoria
sustainable human flourishing

Wild Imagination

Insights from Nature and the Unconscious via 27 Subtypes of the Enneagram according to the animal kingdom AND SoulCollage®

Come and learn more about the Enneagram subtypes through the lens of the animal kingdom and apply this learning to create an image through expressive art. We then enter into a guided conversation with the images we have created as a learning dialogue.

Workshop focus:

- Learn about the 27 subtypes from the perspective of the animal kingdom (learning from Rangers that have been introduced to the Enneagram in workshops with Lucille)
- Create your animal totem pole to understand your trifix
- Participate in a Conscious Connected Breathing session to open insights
- Create SoulCollage® images
- Harvest insights from the SoulCollage® process through dialogue

Date: Friday, 30 August 2024

Time: 08h30 arrival for 09h00 start until 16h30

Cost: R1250 + VAT = R1437,50

Venue: Erin Hall, 8 Erin Road, Rondebosch

Bring: Yoga mat, pillow and blanket for breathwork session

Register: <https://aephoriagroup.com/product/wild-imagination/>

Requirements:

You need to be familiar with the Enneagram and know your trifix. If you have not yet met the Enneagram, you can arrange for an assessment and feedback with one of our facilitators.

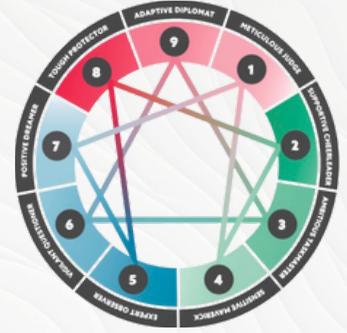
***Lunch and refreshments provided, including Halaal, vegan and gluten free options.**

What is the Enneagram?

The Enneagram is a developmental symbol that acts as a map and mirror in support of our continued transformation.

What is SoulCollage®?

SoulCollage® is a fun expressive arts process that develops creativity and intuition by finding images that speak to you and have power for you. We make collages from these images in a relaxed, safe space with no judgments or competition about 'making art.' Then we have a guided conversation with the collages using our imagination and intuition, which often unlocks surprising insights and forms of integration. Everyone is creative and this process allows you to express some elements of you that are present on the day. Some people describe making a SoulCollage® as a spiritual experience.



About Lucille Greeff

Enneagram teacher, OD practitioner, Rites of Passage and Vision Fast Guide, Poet, Coach and Coach Supervisor, Chief Product Officer for Aephoria Lab, co-developer of Aephoria Identity Map. Check out my websites www.gentlespirit.co.za and www.aephoriagroup.com



About Don Shay

Integral Life Coach, Artist's Way Facilitator, SoulCollage® Facilitator, Coach, Technical Specialist for Violence Prevention through Urban Upgrading (VPUU), www.vpuu.org.za and check out my website www.artesianlife.org